



## ATHLETICS SPORT INFORMATION GUIDE

### 1. COMPETITION SCHEDULE

Competition schedule and times are provisional. The schedule could be subject to change according to the requirements of the Organizing Committee.

The Athletics competition schedule is as follows:

28/7 Sun	29/7 Mon	30/7 Tue	31/7 Wed	1/8 Thu	2/8 Fri	3/8 Sat	4/8 Sun
09h00 20h00	09h00 20h00	09h00 20h00	09h00 20h00	09h00 20h00	09h00 20h00		09h00 12h00
Vertical Run 4000 steps	Track & Field			Track&Field Road Race 10.000 mt Race Walking 5.000 mt	Track & Field	Rest	Half Marathon

**Please Note:** All information contained in this Sport Information Guide is current at time of publication and may be subject to change.

### 2. COMPETITION VENUES

Venue	Address	City
Stadio Primo Nebiolo (Track&Field/Race Walking)	Viale Luigi Hugues, 10	Torino
Parco della Mandria (10.000 mt / Half Marathon)	Piazza della Repubblica 4	Venaria Reale (To)
Forte di Fenestrelle	Via del Forte 1	Fenestrelle (To)

### 3. ORGANISING COMMITTEE

<b>EMG TORINO 2019 ORGANISING COMMITTEE</b>	<b>SPORT FEDERATION</b>	<b>TECHNICAL DELEGATE</b>
<b>Program Management</b> Bernardino Chiavola	<b>Federazione Italiana di Atletica Leggera CR FIDAL</b> Maria Rosa Boaglio	<b>Federazione Italiana di Atletica Leggera</b>  Giuseppe Buriasco

### 4. SPORT REGULATIONS

The Athletics events at the EMG will be organised according to the regulations of the International Association of Athletics Federation (IAAF) and the World Masters Athletics (WMA).

#### 4.1 Age Categories

- **Men:** 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+
- **Women:** 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+
- **IPC Age Categories**  
**100 m (m/w), 800 m (m/w), Shot Put (m/w), Long Jump (m/w):**  
30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+

#### Age is determined at 26 July 2019.

- Participants can only sign-up to one age category
- In the case of an insufficient number of athletes in an age category, the Executive Committee reserves the right to enter participants into a different category, notably the category directly beneath (or above depending on the participants). The prizes however will be awarded to the top 3 participants in each age category.

#### 4.2 Competitions

<b>MEN / WOMEN</b>
100 mt
200 mt
400 mt
800 mt
1.500 mt
5.000 mt

100 mt hurdles
400 mt hurdles
3.000 mt steeplechase
10.000 mt Road Race
Half Marathon
High jump
Pole vault
Long jump
Triple jump
Shot put
Discus
Hammer throw
Javelin
Vertical Run
5.000 mt Race Walking

## 5. COMPETITION RULES

### 5.1 Confirmation of Participation

Athletes must confirm their participation in an event no later than 1 hour 30 mins before the beginning of the event. They should do this at the information desk where they can also pick up their competition number and any other required information.

### 5.2 Advertising Rules

- All advertising presented on clothing or sports bags must meet IAAF regulations.
- Notably, any sport kit supplier logo cannot exceed 30cm on competition kit or 40cm on sports sweaters, vests or jackets.
- All illegal publicity will be covered with an adhesive strip

## 6. TECHNICAL REGULATIONS

### 6.1 Call Room

- Athletes must go to the call room for registration according the registration schedule which may change depending in participant numbers.
- Any athlete who does not present themselves to the call room on time will be excluded from the event.
- Athletes' checks will take place in a zone of the call room which will only be accessible to participants competing in the upcoming event; it is not open to Team Officials.
- There will be announcements throughout the warm up area to remind athletes when it is their time to go to the call room.

**Below the timetable referred to the start of the race:**

<b>Event</b>	<b>First Call</b>	<b>Closing</b>	<b>Access to the Competition Zone</b>
Track	30'	20'	10'
Pole	80'	70'	60'
Other	50'	40'	30'

## **6.2 Control Room**

- The following will take place once in the control room:
  - Identification of athletes with aid from competitors numbered bibs and their accreditation card
  - Verification of athlete's kit
  - General checks (number, form, size)
- There will also be an inspection to check for any illegal personal items such as video recorders etc which are not permitted under rule 144.2 of the IAAF.
- Dictaphones, radios, CD Walkman, MP3 players, mobile phones, cameras etc are also not authorized.
- Any item which is in violation of the IAAF terms and conditions will be confiscated and may be collected from the information desk after the event has finished.
- All shoes will be checked for conformity with rule 142.2 of the IAAF, in particular the maximum dimensions of 9mm for every event except high jump and javelin – 12mm. If not within regulation the athlete will be required to change into appropriate footwear.

## **6.3 Competitor Bibs**

Every athlete will be provided with two number bibs. Competitors in track events shall wear these visibly on the breast and back of the vest. For jumps and throws only one number bib has to be worn. In throwing events this must be worn on the back.

## **6.4 Timekeeping and Measurement Result**

The official time keeping and distance measurement will be verified by the Italian Athletics Sport Federation

## **6.5 After the event**

All athletes must leave the track via the south exit and make their way to the check point where they can pick up their personal items.

- **Track:** athletes should leave the track as soon as the race has finished.
- **Throwing, Long jump, Triple Jump:** athletes should leave the competition area after their third attempt or after their 3 extra tries.
- **High Jump and Pole Vault:** Athletes should leave the competition area by passing by the mixed zone accompanied by a judge as soon as the event is completed.
- Athletes who are chosen for doping testing will be informed in the post-competition zone. An inspector will be with each chosen athlete from the exit of the post-competition zone until the doping inspection centre. The athlete can collect their belongings in the inspection zone.

## **7. INFORMATION DESK**

An information desk will be open in order to introduce the organisation to the competition, remind participants of rules and regulations and to hand out competitor's bibs, qualifiers, etc

The information desk will provide a point of contact between athletes, the Technical Delegate and the management team.

It is also in charge of:

- Displaying all relevant information from officials, provide lists of events and participants, show results and display schedules for the call room.
- Providing urgent information from the Technical Delegate and head of the competition.
- Taking any written appeals.
- Opening time will be 2 hours before the first event of the day and the information desk will close 30 minutes after the last event of the day.

## **8. APPEAL JURY / COMPLAINT**

- The appeal jury is composed of TBD
- The jury will only deal with appeals regarding the proceeding of athletic events.
- The appeals procedure will be carried out in accordance with rules 119 and 146 of the IAAF.
- All appeals must first be made personally to the arbitrator by the athlete themselves, by someone acting on their behalf or by an official team representative.
- If the arbitrator is not available, the complaint should be made at the information desk.
- Participants can only make a complaint regarding something which happened in their own round of the event.
- In order to come to a fair decision, the arbitrator should take into account all valid proof which is available and which he deems necessary such as any official photography or video recordings or any other video evidence available. The arbitrator can either make his can make his can decision or pass the appeal onto the jury.
- If the arbitrator makes the decision He must immediately inform the information desk. In the case where this it is not possible to communicate this decision verbally to the team or athlete concerned, the official announcement will be given as soon as the information desk is informed.
- The arbitrator has the right to call the jury of appeals. An appeal in front of the jury should be filed in the 30 minutes which follow, an official announcement of modified results after an appeal, or notification to those who filed a complaint when no action is being taken. The appeal should be made in writing, signed by the athlete, by someone of the athlete's behalf or by an official team representative and must be accompanied by 100€ deposit which will not be reimbursed if the appeal is not accepted.
- The appeal jury will inform all involved parties of any decisions made and will make sure any official ranking is updated.
- Decisions of the appeal jury cannot be contested.

## **9. EQUIPMENT**

- Athletes are not permitted to use their own brands.
- Rule 180.3 of the IAAF Regulations is applicable.
- Starting blocks will be provided. Private blocks will not be permitted.
- Crouch or block starts are not compulsory for masters competitors.
- Spikes longer than 7mm are not permitted on the track. Spikes of up to 9mm in length will be permitted for the javelin throw and high jump events.
- Vaulters must bring their own poles.
- Shoes must be conforming to the rules 143.2-143.3-143.5-143.6 of the RTI/IAAF.
- Competitors may use their own throwing implements provided that they have been checked and approved and are part of the pool of implements for that event.
  - For those events starting prior to midday (12pm), implements must be lodged at the Technical Room by 5 p.m. the day before the competition.
  - For those events starting after 12 p.m., implements must be checked at least three (3) hours before the start time of the event.
- Competitors are advised to bring their own water bottles and strapping tape.
- Individuals are responsible for the safekeeping and storage of their own equipment.

## 10. MEDALS

In European Master Games, the athletes do not represent their country of origin, therefore the medal awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played. The medals will be provided by the Organizing Committee.

For each category there will be 3 athletes awarded with a medal (gold, silver or bronze). In the event of certain categories being grouped together, each age category will have 3 medal winners.

## 11. ADDITIONAL INFORMATION

### 11.1 Practice and warm-up facilities

More information about practice and warm up will be available at a later stage.

### 11.2 Doping Control

During the European Masters Games Torino 2019 anti-doping controls will be carried out according to the principles and rules established by WADA (World Anti-Doping Agency).

### 11.3 Disabled

#### DISCIPLINE IPC

100 mt – Standing	T35-T38
100 mt – Standing	T42-T47
100 mt – Wheelchair	T32-T34
100 mt – Wheelchair	T51-T54
800 mt – Wheelchair	T32-T34
800 mt – Wheelchair	T51-T54
Long Jump – Standing	T35-T38
Long Jump – Standing	T42-T47
Shot Put – Standing	F35-F38
Shot Put – Standing	F42-F47
Shot Put – Wheelchair	F32-F34
Shot Put – Wheelchair	F52-F58

## 12. PERSONAL ACCIDENT INSURANCE AND MEDICAL CERTIFICATE

All participants have to organize their personal accident insurance.

The competitor registration fee does not cover personal accident insurance. Personal accident insurance is available to purchase through the Organizing Committee for registered Competitors at the Accreditation Centre.

All participants must have a currently valid medical certificate of fitness for competitive sports.

The medical examinations required (ex D.M. 18 February 1982) to obtain a medical certificate of fitness for competitive sports are:

- **medical check-up;**
- **regular urine test;**
- **electrocardiogram both at rest and under effort;**
- **spirometry (breathing test).**

For any further information please visit our website (Registration & Terms and Condition).

### **13. FURTHER INFORMATION**

Planning for the EMG To 2019 Athletics competition will continue throughout 2018 and early 2019. Additional sport specific operational information will be communicated to registered participants and updated in future additions of this Sports Information Guide.

All participants are encouraged to monitor the EMG To2019 website at [www.torino2019emg.org](http://www.torino2019emg.org) and other Games communication channels to find out all of the latest information.

If you have any further sport specific questions, please send an email to [info@torino2019emg.org](mailto:info@torino2019emg.org)